

flourish

Malvern Springs Primary School

Independent Public School

Principal: Jenny Kuhn

Deputy Principals: Penny Reynolds, Luke Birnie,

Lisa Salleo,

Manager Corporate Services: Cheryl Toland

Issue 8 10 May 2019



Malvern Springs
PRIMARY SCHOOL

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FROM THE PRINCIPAL

Dear Parents/Carers

Year 6 Camp – Dwellingup



There was great excitement as the Year 6 students left for camp on Wednesday. From all reports a fabulous time was had by all as everyone came to know each other better. Thank you to all the staff

who went to camp to make it so memorable for the students. I am sure parents are keen to see their campers this afternoon and hear of the fun that was had!

FAST

The first FAST session for 2019 was held on Tuesday evening. Thank you to all the invited families who are attending – it is a great way for everyone to establish closer ties!. From all reports a good time was had by all. Many thanks to CLAN Midland for overseeing this program and to our wonderful school staff for helping out.

P&C

The next P&C meeting is on Monday 13 May at 7:00pm in the staffroom. All parents are invited to attend.

School Board Meeting

The next School Board meeting is on Wednesday 22 May starting at 6:00pm in the staffroom. All parents are invited to attend.

NAPLAN: National Assessment Program: Literacy and Numeracy

Students in Year 3 and Year 5 will be sitting the NAPLAN assessments next week and the week after. Please ensure your children are relaxed about the tests so they don't become too anxious. It is best if you don't over emphasise NAPLAN with your children.

Federal Elections

Malvern Springs Primary School is a polling place for the federal elections next Saturday 18 May. The P&C are holding a bake sale and sausage sizzle. If you can come along and help out please let the P&C know. At the very least buy a democratic sausage!



Mothers' Day

Happy Mothers' Day to all mothers associated with our school. Have a great day with your families!



Kind Regards
Dr Jenny Kuhn
Principal

Inside This Issue

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- Deputy's Desk
- Lost Property
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Dates to Remember

Monday 13 May
P&C Meeting

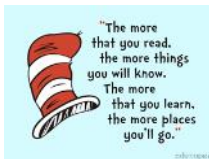
Wednesday 15 May
Junior Assembly
T10 and Room 50

DEPUTYS' DESK...

FAST (Families and Schools Together)

On Tuesday night we held our first FAST session for the year. Congratulations to the FAST parents and the FAST team! Ten invited families came along to school to enjoy a meal together and participate in a number of fun activities. We are so lucky that CLAN Midland is once again holding the sessions at Malvern Springs Primary School, promoting strong families in our community. We are grateful for the volunteer help of students from Holy Cross College. A number of staff from our school helped out. Many thanks to school staff Taryn Starling and Chloe King, Luke Birnie and Penny Reynolds. Our wonderful parent partners Michelle Johnson-Ho and Julia Oronce and organisers from CLAN Sharon, Gedda and Julie, we thank you all for your hard work.

May is Reading Month



Did you know that.....Young children whose parents read them five books a week enter Kindergarten having heard about 1.4 million more words than kids who were never read to, a new study has found.

Mother's Day



Some of our Pre-Primary Mums enjoying special time with their children for Mother's Day. Many thanks to our Pre-Primary teachers for making this such a special occasion.

Penny Reynolds, Luke Birnie, Lisa Salleo
Deputy Principals

LOST PROPERTY...

Once again, our Lost Property basket is overflowing. All labelled items are returned to their rightful owners, but we still have a lot of unlabelled and unclaimed items, in particular lunch boxes and drink bottles. If your child has lost anything at school, can you please remind them to check for it at the Front Office. Any unclaimed items, at the end of next week, will be donated to charity or disposed of. Thank you for your assistance in this matter.



Mental Health & Wellbeing Across MSPS – Building Resilience

Resilience is our ability to cope with life's ups and downs, and bounce back from any challenges they may face. Examples of this are: moving into a new neighbourhood, changing schools, NAPLAN testing, or dealing with the loss of a family pet or member. Resilience is extremely important to a child's mental health. When children have greater resilience they are better able to manage stress that is often a precursor risk factor for mental health conditions such as anxiety and depression, especially if the level of stress is ongoing or severe.

HOW CAN YOU BUILD RESILIENCE IN YOUR CHILD?



As a parent, carer, or significant adult, you can help to develop essential skills, habits and attitudes for building resilience at home by helping your child to:

- **build good relationships with others including adults and peers** (<https://healthyfamilies.beyondblue.org.au/healthy-homes/building-resilience/build-supportive-relationships>)
- **build their independence** (<https://healthyfamilies.beyondblue.org.au/healthy-homes/building-resilience/focus-on-autonomy-and-responsibility>)
- **learn to identify, express and manage their emotions** (<https://healthyfamilies.beyondblue.org.au/healthy-homes/building-resilience/focus-on-managing-emotions>)
- **build their confidence by taking on personal challenges** (<https://healthyfamilies.beyondblue.org.au/healthy-homes/building-resilience/create-opportunities-for-personal-challenge>)

To find out more on how to develop these skills, habits and attitudes please follow the links above, taken from the Beyond Blue website appropriate for children aged 0 to 12 years of age. Remember to always obtain professional medical advice if your child is suffering from stress, anxiety or depression.

EVERY CHILD EVERYWHERE FEELS SAFE.

**Mrs Karen Kenny
Level 3 Teacher**

COMMUNITY NOTICES . . .



FAIR GAME & THE CITY OF SWAN
INVITE YOU TO

Weekly Multi Sport Program

TERM 2, MONDAYS 3:30 PM - 5:30 PM
@ COOLAMON OVAL - BONNEY LANE, ELLENBROOK
(COOLROOM YOUTH CENTRE OPEN 5 PM - 8 PM)

All ages and skill levels are welcome!

START THE WEEK THE RIGHT WAY BY BEING ACTIVE!
Activities are free of charge and refreshments will be provided.



Enquiries:
Evan Hillman
0448 879 568

FAIRGAME 



FAIR GAME & THE CITY OF SWAN
INVITE YOU TO

Weekly Multi Sport Program

TERM 2, WEEKS 1-6 TUESDAYS 3:30 PM - 5:30 PM
@ PICKETT PARK - MAROUBRA AVE, BULLSBROOK
(BULLSEYE YOUTH CENTRE OPEN)

All ages and skill levels are welcome!

START THE WEEK THE RIGHT WAY BY BEING ACTIVE!
Activities are free of charge and refreshments will be provided.



Enquiries:
Paul Goodley
0427 163 317

FAIRGAME 



FAIR GAME & THE CITY OF SWAN
INVITE YOU TO

Weekly Multi Sport Program

TERM 2, WEEKS 7-10 MONDAYS 3:30 PM - 5:30 PM
@ PICKETT PARK - MAROUBRA AVE, BULLSBROOK

All ages and skill levels are welcome!

START THE WEEK THE RIGHT WAY BY BEING ACTIVE!
Activities are free of charge and refreshments will be provided.




Enquiries:
Paul Goodley
0427 163 317

FAIRGAME 

Ngala
Parenting with Confidence

Ngala's Play Cafe in Ellenbrook!



Come along for a play and a chat while connecting with other families in your area.

Meet our team of friendly **Ngala** staff including a Child Health Nurse and Early Childhood Educator.

We will help your family learn and grow with specially designed activities that encourage development and happy faces!

No bookings required - just drop by!

Details:
For families with children 0-5 years.

Where:
The Grapevine **Ellenbrook**, 1 **Arrowsmith** Avenue, WA, 6069

Time:
9.30 - 11.00am

Dates:
3 weeks every month in April, May, June, July, August and September

Enquiries:
richardson@ngala.com.au
9368 9339



MORLEY BAPTIST CHURCH FETE

SATURDAY MAY 11, 2019

9AM - 2PM
33 HANWELL WAY,
BASSENDAN

FOOD | MARKETS | GAMES | LIVE MUSIC

WWW.MORLEYBAPTIST.ORG.AU


Creative Kids Art Club

Aveley Term 2 Art Class for Kids
Creative Kids art class 5-10yrs, Wed 4pm

Come and join us for exciting art and craft!
Visit the website for more details and to book

www.creativekidsartclub.com.au

EXPRESSIONS OF INTEREST
SOCCER SCHOOLS
AT Aveley Primary School



P-P's to Year 4's
Starting Friday 10th May
to 28th June
3.10pm - 4.10pm
Coached by Henry

term 2 **8 week program**

Contact Nick today & reserve your place!

Aveley Primary School take no responsibility for any sporting activity being held on school grounds after school hours. Under no circumstances should contact be made directly to Aveley Primary School. All correspondences must go directly through to the soccer school.

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